



POST SCLEROTHERAPY CARE

Compression stockings will need to be worn continuously upon completion of your treatment and for 48 hours after. At that point you may remove the compression stockings, cotton balls, and tape and shower.

You will be expected to continue wearing the compression stockings for 12-24 hours per day for the next 2-4 weeks to achieve maximal result.

Immediately after the procedure we encourage you to walk for 20-30 minutes and daily for the next few days.

Please avoid heavy exercise, sunbathing, long plane flights, hot baths and sauna for 3 days following treatment.

Due to inflammation and blood around injection site, spider veins will look worse for about 1 week. You may experience itching (for few hours after treatment), discoloration, pain, sloughing (shedding or casting off dead tissue), swelling, bruising, small ulcers, muscle cramps (for a few hours after treatment).

After 1-2 weeks side effects will resolve and veins will begin to fade for 4 weeks. Your improvement may range from minimal to dramatic depending on your healing process and adherence to post-care instructions.

IF PAIN AND SWELLING PERSISTS BEYOND FIRST WEEK OF TREATMENT PLEASE CONTACT OUR OFFICE 1(212)729-7546.